



KINDNESS ADVENT ACTIVITIES

GIVING ACTIVITIES

Donate money to a charity or organization that your kids select

Take hot chocolate or coffee and treats your teacher (or morning carpool staff)

Ding dong ditch a plate of cookies for your neighbors

Choose at least one toy or book to donate to a local charity

Choose at least one article of clothing to donate to a local charity



Buy a gift for a community toy drive

Donate food or shop for a bag of groceries to donate to a local shelter or food bank

Leave holiday notes with candy canes on your neighbor's car

Make & deliver lunches to a homeless shelter

Pick up trash around your neighborhood

Donate a book to your library

Donate food, blankets, towels, stuffed animals, or pillows to an animal shelter

Take cookies to a fire station

Donate a blanket to the homeless

Leave flowers on someone's doorstep



Make holiday cards and drop them off at a nursing home

Pay for someone else's coffee

Give every deliver person a candy cane

ACTS OF KINDNESS

Call one of your grandparents or extended family members on the phone

Practice a random act of kindness for someone (open a door, share a book or toy—anything you can think of!)

Make someone else's bed

Do one of your sibling's chores

Make a Christmas card and mail it to your grandparents or family member



Leave a surprise note or picture on a family member's picture

Play with someone at school that is alone at recess

Write a note to your siblings telling them what you love most about them

Help make dinner

Help do the dishes after dinner

Write your letter carrier a note of thanks and leave it in your mailbox

Write a thank you note to any helpers in your life (cleaning people, babysitters, etc.)

Write a letter to a member of the military thanking him or her for serving our country
(<https://www.operationgratitude.com/>)



Do yard work for your neighbor

Leave chalk messages around your neighborhood or local park

Bring a candy cane for everyone in your class

Make a card for the school receptionist

Give someone a compliment

Hold the door for someone

FAMILY ACTIVITIES

Have a holiday movie night

Bake Christmas cookies

Write a note to Santa

Look at family Christmas photos



Drive to look at Christmas lights wearing your PJs

Go shopping and pick out a present for each person in the family

Read a Christmas book to a sibling/parent

Read the story about the birth of Jesus

Watch "A Charlie Brown Christmas" movie

Read or watch "The Grinch Who Stole Christmas"

Listen to holiday music and drink hot chocolate

Decorate a small tree for your room

Make a bird feeder


